



Alstonville Anglicans

Sharing the Good Life

Eleventh Sunday after Pentecost

5th August 2018

Yes I am

We acknowledge and pay respects to the traditional custodians of the land, on which we worship, work and meet, the Bundjalung people. I recognize the significant role the past and future Elders play in the life of the region. I am mindful that within and without the beautiful sandstone church, the Land always was and always will be Aboriginal Land.



Irenaeus once said that Jesus became what we are (human) so that we can become what he in fact is (divine). C.S. Lewis once said, "Every Christian is to become a little Christ. The whole purpose of becoming a Christian is simply nothing else." Christian spirituality is about becoming Christ, being Christ. Christian spirituality is the

transformation that love brings about, it is a transformation so complete that our identity becomes that of the one we love ... Jesus the Christ.

If we take this "being made into Christ" seriously, the Eucharist is not something we celebrate once a week. The Eucharist is who we are becoming. Jesus said "I am the Living Bread." We may dare to say "we are becoming Living bread". St Augustine gave communion to people at the altar with the words "the body of Christ". People were to respond with the words "Yes I am."

We become what we eat: the living bread. We are to become the Eucharist. The Eucharist is not a weekly event separate from our day to day activities. The Eucharist is our very identity; the Eucharist is who we are in our deepest selves it is who we are becoming.

How can we live the Eucharist? How can we become Eucharist?

Please note a hearing loop is installed on the right hand side of St Barts.

Please turn off your mobile phone during worship. Toilets are located in the front of the Hall.

First Aid Kits are located in the Church & the Hall.

Today's Gospel Reading: John 6:24-35

24 So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. **25** When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' **26** Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves.' **27** Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' **28** Then they said to him, 'What must we do to perform the works of God?' **29** Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' **30** So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' **31** Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." **32** Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. **33** For the bread of God is that which comes down from heaven and gives life to the world.' **34** They said to him, 'Sir, give us this bread always.' **35** Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Give Thanks

It is a whole year now since Rev Dr Desiree Snyman and family joined us at Alstonville Anglicans in God's ministry with us. Let us give thanks to God with grateful hearts. The Wardens.

Funeral

A funeral service will be held for Cath Armstrong Monday 6th August, 10.30am at St Bartholomew's Church.

Fellowship Lunch

Fellowship Ladies lunch at Bunga Raya Restaurant, Thursday 9th August at 12 noon.

LinC Alstonville

LinC Alstonville are holding their Annual General Meeting Tuesday 14th August, 5pm at the Alstonville Baptist Church. A cup of soup will be available prior to the AGM.

Questions???

For the next two weeks you are invited to pose questions of life, faith and anything else for Q and A Sundays 12 and 19 August. Question slips are available for your use.

Safe Ministry Training

The Anglican Diocese of Grafton is offering the following Safe Ministry Workshops. St Cuthbert's, Tweed Heads Friday 17th August 9.30am-4.00pm, St Andrew's, Lismore Saturday 18th August, 9.30am-4.00pm. The cost is \$35.00. BYO lunch. Please contact Linda at the Bishop's Registry: 66424122. This training applies to Clergy, LLMs, Parish Councillors, leaders of parish ministries and leaders of people based ministries (SRE, Op Shop, Visiting). There is also an online refresher course available for those who completed their training 3 years ago. The details are available from Linda at the Diocesan Office or from our Parish Office.

Sunday@6pm—5th August

Asking questions, seeking answers. Join us Sunday@6 pm. Come for a cuppa and fellowship at 5.30pm. Everyone welcome!

Choir

Choir has recommenced 2.00pm Fridays. New singers are always welcome to join us.

Queensland Ballet Aspire '18

Saturday 22nd September, 7.30pm, Charles Lisner Studio, Thomas Dixon Centre, Brisbane. In support of Charlie Low, who is performing in this production, a group from Sunday@6 are planning to go. We will be car pooling so if you are interested please add your name to the sign up sheet or contact the office. Please book your tickets at:

<http://purchase.queenslandballet.com.au/auxiliary/Reserve.aspx?p=916>

Rosters—Sunday 12th August

Thank you to all volunteers assisting with Worship (2nd Sunday team).

Worship Leader: Barbara Fewtrell

Music: Ros Sharp **Cleaning:** Di Westall & Di Mueller **Sound:** Shane McBurney

Flowers: Carol Vidal, Helen Dobbie

ANGLICAN PARISH OF ALSTONVILLE

Ministers	all the baptised!	
Rector	The Reverend Dr Desiree Snyman	0402 764 969
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Associate	The Reverend John Kidson	0411 394 213
	The Reverend Geoff Vidal	0447 645 456
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Telephone:	6628 0231	
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website:	www.alstonvilleanglicanchurch.org.au	

The Anglican Op Shop 1 The Avenue, Alstonville **Tel:** 6628 8777

We give thanks to God for those who contribute to sharing the good life through this church electronically. **ESB: 705 077 / Acc: 40130**

THIS WEEK IN OUR PARISH

Monday	6th Aug	10.00am	Life Group in Meeting Room
		10.30am	Funeral Cath Armstrong
		1.00pm	Sew Helpful
Tuesday	7th Aug	1.30pm	Life Group at Carol Stone's home (in recess until 14th August)
		6.00pm	Life Group with Rev Desiree (in recess)
Wednesday	8th Aug	9.00am	Meditation Group—St Barts
		4.30pm	Messy Church Planning Meeting
Thursday	9th Aug	9.30am	Play Place—Ministry Hall
		6:00pm	Contemplative Church—St Barts
Friday	10th Aug	10:00am	Holy Communion—St Barts
		2.00pm	Choir
Sunday	12th Aug	8.00am	Holy Communion—St Barts
		10.00am	Holy Communion—Tregeagle
		5.30pm	Cuppa then Sunday@6—St Barts

Contemplative Church—Thursdays@6pm

Be still and know that I am God. A peaceful, reflective, prayerful service offering nourishment for your soul. Come.

Bible Readings

5th August	Ephesians 4:1-16	John 6:24-35
12th August		John 6:35, 41-51