



# Alstonville Anglicans

## St Bartholomew's, Alstonville with St Peter and St Paul's, Tregearle

### 22 April 2018

#### Fourth Sunday of Easter



Jesus teaches a parable of himself as the Good Shepherd and warns of the reality of "wolves". Who are the wolves? What do they symbolise?

It could be that the wolves represent the voices of doubt, fear and shame that haunt us. In short, the wolves are the words of unworthiness that taunt us, threatening to "blow our house down" to borrow the words of a children's story, *The Three Little Pigs*.

It is these words of doubt, fear, shame and unworthiness that I suggest we grapple with today in order to understand the "wolves" better. The work of Dr Brené Brown, a social work researcher who studies connection, is helpful in this regard. After many years of research Dr Brown writes about our fear of vulnerability, our issues of worthiness; she gives a voice to the grunts of the wolves that threaten to destroy and scatter us. She describes how we have developed a number of strategies to silence the wolves' voices of fear, shame, vulnerability and doubt. Firstly we use addiction to numb our emotions, to numb the voices of fear, shame, doubt and unworthiness. It is not only addiction that we use to numb the voices of the "wolves". We make everything uncertain certain too. Religion used to be about faith and mystery, now in fundamentalist circles religion is about certainty. "I am right you are wrong. Shut up." Thirdly we pretend. And finally we try to make all things perfect. Is there a response that the Good Shepherd offers?

The Good Shepherd offers us life abundantly. There is another way to live and the Good Shepherd will lead us there.

Please note a hearing loop is installed on the right hand side of St Barts.  
Please turn off your mobile phone during worship. Toilets are located in the front of the Hall.  
First Aid Kits are located in the Church & the Hall.

**"Sharing the Good Life"**

**Sunday@6pm—22 April**—Come for a cuppa and fellowship at 5.30pm.  
Explore the concept of creation as:  
**'Original Blessing : God's Great "Yes" to Life'**.

**Office Hours**—In preparation for the new administration staff, the office hours are being changed to **Monday to Friday from 9am to 12noon**. The Parish Administrator will manage the office with assistants: Mon-Thu, with a dedicated assistant on Fridays whilst the PA attends to finances. This will commence **from Monday 23 April**.

**The Friendship Group** will meet on **Tuesday 24 April at 10am** for morning tea. Joy Lewis will host this gathering at 10 Norvell Grove, Alstonville. All very welcome.

**Contemplative Church—Thursdays@6**—Be still and know that I am God. A peaceful, reflective, prayerful service offering nourishment for your soul. Come.

**St Peter & St Paul's "Say So" Service**—**Sunday 29 April, 10.00am**. An open invitation is extended to this second annual "Say So" Service at Tregeagle, with special guest speakers Loretta and Mark Stuckey. Morning tea to follow.

**Memories of ANZAC—Concert & Sing along**—**Sunday 29 April, 1.30pm** at St Mary's Ballina. \$10 Admission. Lucky door prizes and afternoon tea. All Proceeds to Legacy. Contact St Mary's—6682 2094.

**Rosters for St Barts @ 8am**—The rostering system has changed. All people currently on a roster are part of a worship team. They will be doing something on a set Sunday of the month. Your Worship team leader will be in touch with you. The Roster for May is being prepared and if you need to change please see your team leader. 1st Sunday—Mark Stuckey, 2nd—Barbara Fewtrell; 3rd—Iris Cowie; 4th—Helen Nicholson and 5th—Charlie Handley.

**Outreach Missions**—Are you interested in supporting and promoting Missions through our church? If so, contact Susan Fitzpatrick—6628 9014, 0428 414 767. The Missions Committee will be meeting soon.

**Altar Linen**—Do you have a calling to care for the Altar Linen? If you are able to fulfil this special ministry, contact Helen—0416 281 013.

**Pastoral Care & Prayer Chain**—Your well-being is important to us. Please advise the Parish Office if you are sick or in hospital and if you would like to receive prayer through the Prayer Chain.

**Keys muster**—A round up of keys is being conducted. If you have not used your keys in the last 12 months please return them to the Office.

**2018 Mother's Day Fete—Saturday 12 May—3 weeks to go!**

**WANTED for the stalls**

-Yummy Home-made Cakes—old favourites are best!

-Produce & Preserves—Home-made and home-grown items welcome.

-Beautiful Baskets—Items: soap, talcum, face washers, shampoo, moisturiser, chocolates, hankies, etc.

-Raffle Hamper—Special treat food donations welcome.

-Stepoe's Corner—All sorts of recyclable/saleable items welcome.

-Flowers and Foliage—All varieties of flowers, esp orchids accepted.

-Plants—All varieties welcome.

Thank you—Des—6628 9014; 0408 397 182.

**ANAN CARA—Walking the Labyrinth—ANZAC Day Peace Walk**  
Wednesday 25 April, 8.30am–10.00am—Lismore Trinity Catholic School.

The labyrinth is an ancient symbol for the journey of life which twists and turns, moving between darkness and light, suffering and joy. These feelings may be experienced as we look at the world and the plight of so many displaced people today. Our only choice is to put one foot in front of the next and allow ourselves to be open to and led deeper into Life. The labyrinth is also an ancient symbol for the presence and embrace of the Divine: wherever we are and however we feel in it, whether we are on the outskirts or right in the centre, we are always in God, and God is always in us. And here, in the very midst of life, we find peace.

On this ANZAC Day, we will walk the labyrinth as a way of sinking more deeply into the presence of God and into Jesus' promise, "Peace I leave you, my peace I give you". The walk will finish at 10am to allow time to join the Peace Celebration at the Trinity Hall, Lismore for "A Different, Compassionate ANZAC Day", 11.00am–1.00pm.

Details—<https://www.facebook.com/events/430106350755887/>

## ANGLICAN PARISH OF ALSTONVILLE

<b>Ministers</b>	<b>all the baptised!</b>	
<b>Rector</b>	The Reverend Dr Desiree Snyman	0402 764 969
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<b>Associate</b>	The Reverend John Kidson	0411 394 213
	The Reverend Geoff Vidal	0447 645 456
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<b>The Anglican Op Shop</b>	1 The Avenue, Alstonville	<b>Tel:</b> 6628 8777

## THIS WEEK IN OUR PARISH

Monday	23 Apr	3.15pm	Catering Group - Meeting Room 1
Tuesday	24 Apr	10.00am	Friendship Group @ Joy Lewis's
Wednesday	25 Apr	8.30am	Anan Cara-Walking the Labyrinth -Trinity Catholic School, Lismore
		11:00am	Peace Celebration-Trinity Catholic School Hall, Lismore
		4.30pm	Executive Committee
Thursday	26 Apr	6:00pm	Contemplative Church- St Barts
Friday	27 Apr	10:00am	Holy Communion - St Barts
		2.00pm	Choir practise - St Barts
Sunday	29 Apr	8.00am	Holy Communion - St Barts
		10.00am	Holy Communion - Tregeagle
		5.30pm	Cuppa then Sunday@6 - St Barts

**LinC Alstonville** is celebrating 20 years of "Love in the name of Christ" services to the Plateau on **Sunday 6 May, 2.30pm** with a service at Alstonville Baptist Church, Wardell Road. Bring a plate of food to share.

**Sew Helpful Craft Group** -Recommences **Monday 30 April at 1pm**

### Bible Readings

<b>22 April</b>	Psalm 23	1 John 3:16-24	John 10:11-18
<b>29 April</b>	Psalm 22:26-32	1 John 4:7-21	John 15:1-8