



# Alstonville Anglicans

## Sharing the Good Life

Twelfth Sunday after Pentecost

12th August 2018

### How can we live the Eucharist?

*We acknowledge and pay respects to the traditional custodians of the land, on which we worship, work and meet, the Bundjalung people. I recognize the significant role the past and future Elders play in the life of the region. I am mindful that within and without the beautiful sandstone church, the Land always was and always will be Aboriginal Land.*



How can we become the Eucharist? I suggest the advice of Henri Nouwen who said that as the Bread is taken, blessed, broken, given; so too are we.

**Taken:** Taken means chosen. At his baptism Jesus heard the words: "you are my beloved" Each of us internalises this too. We hear God saying to each of us: "You are my beloved".

**Blessed:** Blessing has a three step journey: you are named good. You are good. You do good.

**Broken:** We are all broken people. Our brokenness reveals our uniqueness. The way one person is broken is different to the way another person is broken. Our brokenness can be a source of healing of others. We are chosen, blessed, broken in order that we are **given**.

Please note a hearing loop is installed on the right hand side of St Barts.

Please turn off your mobile phone during worship. Toilets are located in the front of the Hall.

First Aid Kits are located in the Church & the Hall.

### **Today's Gospel Reading: John 6:35, 41-51**

**35** Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

**41** Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.'  
**42** They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?'  
**43** Jesus answered them, 'Do not complain among yourselves.  
**44** No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.  
**45** It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me.  
**46** Not that anyone has seen the Father except the one who is from God; he has seen the Father.  
**47** Very truly, I tell you, whoever believes has eternal life.  
**48** I am the bread of life.  
**49** Your ancestors ate the manna in the wilderness, and they died.  
**50** This is the bread that comes down from heaven, so that one may eat of it and not die.  
**51** I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

### **LinC Alstonville**

LinC Alstonville are holding their Annual General Meeting Tuesday 14th August, 5pm at the Alstonville Baptist Church. A cup of soup will be available prior to the AGM.

### **Pot Luck Dinner Saturday 1st September**

Dinner and short crazy activity in the Ministry Centre. Have fun together as a Parish. 5.15pm for 5.30pm. Give names to the clipboard person at your service or to the office. Please also indicate your contribution to the dinner eg: something for main course or dessert or can't manage either.

### **Beyond the Blue Horizon**

You are invited to a signature dinner in support of Beyondblue with broadcaster, sports commentator and author Craig Hamilton.. Ballina RSL, Friday 7th September 6pm for 7pm start. The cost is \$75 per head and booking can be made at [www.ballinarsl.com.au](http://www.ballinarsl.com.au)

### **Questions???**

For the next two weeks you are invited to pose questions of life, faith and anything else for Q and A Sundays 19 and 26 August. Question slips are available for your use.

### **Safe Ministry Training**

The Anglican Diocese of Grafton is offering the following Safe Ministry Workshops. St Cuthbert's, Tweed Heads Friday 17th August 9.30am-4.00pm, St Andrew's, Lismore Saturday 18th August, 9.30am-4.00pm. The cost is \$35.00. BYO lunch. Please contact Linda at the Bishop's Registry: 66424122. This training applies to Clergy, LLMs, Parish Councillors, leaders of parish ministries and leaders of people based ministries (SRE, Op Shop, Visiting). There is also an online refresher course available for those who completed their training 3 years ago. The details are available from Linda at the Diocesan Office or from our Parish Office.

### **Sunday@6pm—19th August**

Asking questions, seeking answers. Join us Sunday@6 pm. Come for a cuppa and fellowship at 5.30pm. Everyone welcome!

### **Flora Hutley**

Lynette Outerbridge's mother Flora Hutley passed away this week. Her funeral was held in St Andrew's, Lismore Friday 10th August.

### **Queensland Ballet Aspire '18**

Saturday 22nd September, 7.30pm, Charles Lisner Studio, Thomas Dixon Centre, Brisbane. In support of Charlie Low, who is performing in this production, a group from Sunday@6 are planning to go. We will be car pooling so if you are interested please add your name to the sign up sheet or contact the office. Please book your tickets at:

<http://purchase.queenslandballet.com.au/auxiliary/Reserve.aspx?p=916>

### **Rosters—Sunday 19th August**

**Thank you to all volunteers assisting with Worship (3rd Sunday team).**

**Worship Leader:** Iris Cowie

**Music:** Choir **Cleaning:** Robin Delaney **Sound:** Mark Stuckey

**Flowers:** Nancy West, Joyce Shepherd, Jane Cooke

## ANGLICAN PARISH OF ALSTONVILLE

Ministers	all the baptised!	
Rector	The Reverend Dr Desiree Snyman	0402 764 969
	rector@alstonvilleanglicanchurch.org.au	
Associate	The Reverend John Kidson	0411 394 213
	The Reverend Geoff Vidal	0447 645 456
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Telephone:	6628 0231	
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website:	www.alstonvilleanglicanchurch.org.au	

**The Anglican Op Shop** 1 The Avenue, Alstonville      **Tel:** 6628 8777

We give thanks to God for those who contribute to sharing the good life through this church electronically. **ESB: 705 077 / Acc: 40130**

## THIS WEEK IN OUR PARISH

Monday	13th Aug	10.00am	Life Group in Meeting Room
		1.00pm	Sew Helpful
Tuesday	14th Aug	1.30pm	Life Group at Carol Stone's home
		6.00pm	Life Group with Rev Desiree (in recess)
Wednesday	15th Aug	9.00am	Meditation Group—St Barts
		4.30pm	Worship & Spirituality Exec
		6.00pm	Parish Council Meeting
Thursday	16th Aug	9.30am	Play Place—Ministry Hall
		6:00pm	Contemplative Church—St Barts
Friday	17th Aug	10:00am	Holy Communion—St Barts
		2.00pm	Choir
Sunday	19th Aug	8.00am	Holy Communion—St Barts
		5.30pm	Cuppa then Sunday@6—St Barts

### Contemplative Church—Thursdays@6pm

Be still and know that I am God. A peaceful, reflective, prayerful service offering nourishment for your soul. Come.

### Bible Readings

12th August  
19th August

John 6:35, 41-51  
John 6:51-58